



Triage of ESR Requests

Introduction

In April 2016 a clinical update of the clinical use of the ESR was distributed.

Following this consultation period we have received feedback and presented this to the Community Laboratory Services Clinical Governance Group.

The indications for ESR have been extended to those in italics.

Good practice^{1,2} **Indications for use of ESR:** The ESR may be used in the assessment of the following conditions:

- Systemic Lupus Erythematosus;
- Rheumatoid arthritis;
- Kawasaki Disease;
- Rheumatic fever;
- Hodgkin lymphoma;
- Temporal arteritis (initially presentation ESR & CRP recommended^{1,2});
- Inflammatory bowel disease in children (initial assessment).
- *Periprosthetic Infection*
- *Discitis & Tuberculous infection of the spine*
- *Septic Arthritis in paediatric patients*

Implementation plan:

- **Notification** - As from Mid-June all ESR requests will have a comment indicating that ONLY ESR's with relevant clinical details, will be processed .
- **ESR demand management** - As from early July ONLY ESR's with relevant clinical details will be processed (+ No clinical details no test).

Summary - Demand Management of ESR

As from July 2016 we will be triaging all ESR requests.

ONLY ESR requests with clinical details consistent with the good practice guidelines will be processed.

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1. [Laboratory Schedule and test guidelines](#)
2. BPAC [The New Zealand Laboratory schedule and test guidelines: Haematology tests](#)